

# Penn Valley Athletic Club

The latest PVAC news, views, and announcements

## Home Swim Meet June 23

*PVAC will close at 4 p.m. on Thursday, June 23* for a home swim meet vs. Belmont. The meet begins at 6 p.m. Come out and support our team, 80+ swimmers strong!

## Teen Party

Our first Teen Party of the season is scheduled for Saturday, June 25 from 8-10 p.m. A sign-up sheet will be out on the desk next week. The fee is \$5/teen and includes pizza, drinks, and dessert. Open to members and guests, so bring a friend!

## Group Exercise Class Begins

Join us from 6-7 p.m. on Wednesday for Mid Week Mash Up! Group Exercise classes are open to all members and guests free of charge. Non-members will need to sign the guest waiver. Bring your water bottle and plan to join us!

## Snack Bar Accounts

In case you haven't heard...this summer PVAC will be using gift cards as an alternative to the account books we used the last couple of years. You can load the card at the front desk, and swipe in the snack bar. Of course, cash and credit cards are also accepted. Get your PVAC card today!

## Upcoming Events

June 7 – Taco Tuesday in the snack bar

June 9 – In honor of Donald Duck's birthday, it's Disney Day at PVAC

June 10 – Moonlight Swim featuring DJ DeHart 6-9 p.m.

June 16 – Swim meet @ Zelienople 6 p.m.



## Lightning Policy

The lifeguards at Penn Valley Athletic Club, all of whom are certified through the American Red Cross, are there to ensure the safety of all patrons and guests of PVAC. In accordance with their training recommendations from both the Red Cross and the National Lightning Safety Institute, the following are the procedures we will follow when a storm occurs or is imminent:

- A lifeguard will be assigned to monitor the local weather on radar
- **Any lightning event inside of 10 miles of PVAC will prompt evacuation of the pool, pool deck and volleyball and tennis courts**
- Pool activities will be suspended until 30 minutes after the last thunder, or when lifeguards deem the conditions are safe to return to the pool.

While we understand this may be an inconvenience to our members and guests, it is done in the interest of keeping everyone safe. Guards will signal the need to leave the pool and deck area by standing and blowing one long whistle.

## MAKE THE MOST OF YOUR MEMBERSHIP

See all Penn Valley has to offer!  
[pennvalleyac.com](http://pennvalleyac.com)