

# Penn Valley Athletic Club

The latest PVAC news, views, and announcements

## Teen Nights are Back!

Our first Teen Night will be June 12. Register at the front desk. \$5 for every participant, includes pizza snacks and a drink. Also offering snack bar specials! Teens only 8-10 p.m. Open to members and non-members.

## Parties at Penn Valley

Interested in hosting a party at Penn Valley? Scheduling now for all summer dates! Visit [pennvalleyac.com](http://pennvalleyac.com) and click on "Host an Event" to request a date or visit the front desk!

## Snack Bar

We're working to upgrade our snack bar account process. Stay tuned for more details. Meanwhile we're stocking up on all your summer favorites!

## Pool Safety

This summer, we are upping our game with your safety in mind! Our guard staff will be completing new Emergency Action Plan training. In addition, we'll be updating some of our safety rules. Look for these to be posted soon!

## Early Pool Closures

Penn Valley will close its facilities to members at 4 p.m. on the following dates for **home swim meets**:

Thursday, June 23

Monday, June 27

Never experienced a swim meet? Come and join us. Meets begin at 6 p.m. and admission is free!



## Penn Valley Swim Team

The swim team is gearing up for action this summer! Our league meet schedule is set, and signups are on! If you missed our registration night last week, there's still time.

All swimmers must be 6 years of age prior to June 1 or have permission from Coach Corrie Jones. All swimmers must be able to swim one length of the pool freestyle. *Swim team is not a substitute for lessons!*

Practice is offered Monday through Friday, beginning June 6. We recommend that swimmers practice at least 3 times a week. New swimmers and those 8 years of age and under will practice at 9 a.m. Swimmers 9 and over will practice from 10-11:45 a.m.

This year's meet schedule:

Thursday, June 16 Penn Valley @ Zelienople

Monday, June 20 Penn Valley @ Sylvan

**Thursday, June 23 Belmont @ Penn Valley**

**Monday, June 27 SEBCO @ Penn Valley**

Thursday, June 30 Penn Valley @ Vandergrift

Contact Trisha Murray with questions. 724-290-7063

## NOT A MEMBER YET?

What are you waiting for? Sign up today!

<http://www.pennvalleyac.com/membership>