

Hello Penn Valley Swim Families,

We hope you'll consider joining the Penn Valley Swim Team this summer! We're excited to welcome back Corrie Jones as our Head Coach for the 2026 season.

Eligibility Requirements

To join the team:

- Swimmers must be at least 6 years old by June 1 or have approval from Coach Corrie.
 - Swimmers must be able to swim one full length of the pool using freestyle.
 - Please note: Swim Team is not a substitute for swim lessons.
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Registration Information

Inside this packet, you will find everything needed to register your child. Please review and complete the following:

1. Registration & Waiver

- Complete both forms and submit them with your registration & worker fee checks.

2. Meet Job Requirements

- Each family is required to work at **all home swim meets** (2 total meets).
- Submit a separate **\$100 Meet Worker Fee Check** (\$50 per meet).
- If you fulfill your work commitment, this check will NOT be cashed and will be returned at the end of the season.
- If you do not meet this obligation, the check will be deposited.

3. Concession Requirements

- Each family must provide a food item for **each home meet** (sign-up list will be provided).
 - Concessions help fund team events such as the banquet, pizza party, and team gifts.
 - All items must be checked in with the concessions team.
 - Families who do not provide their assigned item will be billed **\$30 per meet**.
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Important Dates & Details

Registration Deadline:

Please mail all materials by **May 29** to:


Penn Valley Swim Team, PO Box 53, Saxonburg, PA 16056


Include:


- Registration
- Medical Waiver
- Registration Fee Check (Made payable to PVAC Aquatic Club)
- \$100 Meet Worker Fee Check (Made payable to PVAC Aquatic Club, separate from registration check)

Once your materials are received, you will be added to team communications.

Mandatory Parent Meeting:

 June 2

 6:00–7:00 PM

 Penn Valley

At least one parent per family must attend.

Practice Schedule:

- **First Day:** Monday, June 8, 2026
- Swimmers should attend at least **3 practices per week**
- Practice groups:
 - Ages 8 & under (and new swimmers): 9:00–10:00 AM
 - Ages 9 & over: 10:00–11:45 AM

**Coach Corrie may adjust groups as needed.*

Team Suit:

- Please see enclosed flyer about team swimsuit style.
- Team suits can be purchased through swimoutlet.com.
- Team caps will be available for purchase.

Team Spirit Wear:

- **Store link:** https://stores.inksoft.com/penn_valley_swim/shop/home
- Store opens on May 1 and closes June 3.
- If you select “Pick up my order” under Delivery, orders will be available for pick-up at June 15 practice.

Championship meets:

John “Pump” McLaughlin Lollipop Championship Meet (8& under swimmers)

- Penn Valley is scheduled to host this year, and it is tentatively scheduled for Saturday, July 11.
- Additional information about this meet and our team’s obligations for hosting will be shared at the June 2 Parent meeting.

AK Valley Championship Meet

- Tentatively scheduled for Sunday, July 12 at Belmont
- More information on this meet to be shared at the June 2 parent meeting.

Team Communication

We will share updates through:

- Email: pennvalleyswim@gmail.com
- Bulletin board at the pool entrance
- TeamReach (*Name: Penn Valley Swim Team Group Code: PVswim*)

We’re looking forward to a fun and successful swim season!

Thank you,

Penn Valley Swim Team Officers

Nicole Kuchta (412) 951-4872

Stephanie Karwoski (724) 822-0833

Amanda Gleixner (724) 355-7307

2026

PENN VALLEY SWIM TEAM REGISTRATION

PARENTS NAME: _____
ADDRESS: _____
HOME PHONE: _____
CELL PHONE: _____
E-MAIL: _____

SWIMMER INFORMATION (please complete all information)

Swimmer Last Name	Swimmer First Name	Date of Birth	Age as of 06/01/26	Penn Valley Athletic Club Member (Yes or No)

_____ **Registration Fee (Penn Valley Members): \$90.00 per child**
_____ **Registration Fee (Non - Penn Valley Members): \$135.00 per child**
_____ **Worker Fee Check: \$100.00** (will not be cashed if you work 2 meets)

CHECKS MADE PAYABLE TO: PVAC Aquatic Club

Swim team is a parent dependent sport that cannot take place without your help! Parents must volunteer their time as well as provide food & drink donations for the concession stand. At least one parent volunteer from each family is needed for meets.

I know my swimmer will be unavailable the week of _____

I know I will not be able to work jobs the week of _____

*****DO YOU HAVE A SENIOR SWIMMER THIS YEAR?*****
If yes, name of swimmer?

Swimmer sign-ups must include: Application, Waiver, Registration fees check, and Worker fees check

**PENN VALLEY SWIM TEAM
MEDICAL AND WAIVER RELEASE FOR THE 2026 SUMMER SWIM SEASON**

Swimmer Name: _____ Birthday: ____/____/____ Age: _____

Address: _____ City: _____ Zip: _____

Mother's Name: _____

Home Phone: _____ Work Phone: _____ Cell: _____

Father's Name: _____

Home Phone: _____ Work Phone: _____ Cell: _____

Emergency Contact #1: _____ Phone: _____ Relationship: _____

Emergency Contact #2: _____ Phone: _____ Relationship: _____

Existing Medical Coverage: _____ Plan #: _____

Known Allergies: _____

Current Medications: _____

I HEREBY VOLUNTARILY PERMIT MY CHILD TO PARTICIPATE ON THE PENN VALLEY SWIM TEAM. I UNDERSTAND AND FULLY ACCEPT THAT THERE ARE RISKS INVOLVED IN SPORTS, AND THAT ACCIDENTS AND INJURIES CAN AND MAY OCCUR. I HEREBY AGREE TO ACCEPT ANY AND ALL RISKS OF INJURY OR DEATH, AND VERIFY THIS STATEMENT BY PLACING MY INITIALS HERE. _____ (*initial here*)

I hereby release and hold harmless the Penn Valley Athletic Club, staff, volunteers, designated coaches, and program officials from all liability, and from all action or claims that I or my child now or hereafter have for damage or injury to me or my child, or to any person or property, resulting from the negligence or other acts of any employees or volunteers in connection with me or my child's participation. I further agree that this waiver, release and assumption of risks is to be binding on the heirs and assigns of the undersigned. I further agree to indemnify and to hold Penn Valley Athletic Club and Swim Team (its officers, employees, board members and volunteers) free and harmless from any loss, liability, damage, cost or expense which they may incur as a result of any injury and/or property damage that I or my child may cause or sustain while participating on the swim team. In case of a medical emergency, I hereby give permission to PVAC Staff, PVAC Swim Team Coaches and Volunteers to order treatment for me or my child, including any necessary medical treatment and x-rays. I also hereby give permission to PVAC Staff and Volunteers to disclose the information contained on this form to medical personnel. I understand that an attempt will be made to reach me by phone if an accident occurs. I agree to pay all medical, hospital, or other expenses which my child or I may incur as a result of such treatment.

I HAVE CAREFULLY READ THIS RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN ME AND PENN VALLEY ATHLETIC CLUB AND SIGN IT OF MY OWN FREE WILL.

Parent or Guardian Signature: _____

Date: _____

Penn Valley Swim Team- 2026 Team Suit

Team swimsuit color: Green

Women's Suit



[Linked Here](#)

Men's Brief



[Linked Here](#)

Men's Jammer



[Linked Here](#)

2026 AK Valley Swim League Schedule

Monday, June 15

Penn Valley (Home) vs Sylvan
Zelienople (Home) vs Vandergrift
(Belmont has a bye)

Thursday, June 18

Vandergrift (Home) vs Belmont
Sylvan (Home) vs Zelienople
(Penn Valley has a bye)

Monday, June 22

Belmont (Home) vs Penn Valley
Vandergrift (Home) vs Sylvan
(Zelienople has a bye)

Thursday, June 25

Sylvan (Home) vs Belmont
Zelienople (Home) vs Penn Valley
(Vandergrift has a bye)

Monday, June 29

Penn Valley (Home) vs Vandergrift
Belmont (Home) vs Zelienople
(Sylvan has a bye)

Thursday, July 2

Rain Date

Saturday, July 11

Lollipops at Penn Valley

Sunday, July 12

League Championship at Belmont