Penn Valley Athletic Cub Facility Rules

Facility

- 1. Pool hours are from 12:00pm to 8pm. Exceptions are approved by the Board of Directors and may include moonlight swim, lap swim, swim team practices, and special club activities.
- 2. All members must enter the facility through the main entrance and check-in at the front desk. Members must not enter through the employee entrance.
- 3. Access to the pump house is limited to PVAC Staff only.
- 4. Access to the Snack Bar and Front Desk is limited to PVAC Staff ony.
- 5. All guests must sign in at the front desk upon arrival.
- 6. Children under the age of 12 are not permitted without adult supervision.
- 7. Management has the right to refuse admittance to any individual who is not in good standing.
- 8. Persons under the influence of alcohol or controlled substances will not be permitted entry or may be asked to leave the premises.
- 9. The use of profane language is prohibited.
- 10. The entire property is non-smoking. This includes the parking lot, fields, and any area on our property outside or inside the fenced area.
- 11. Report all injuries to the lifeguard on duty at the front desk.
- 12. Pets are not permitted.
- 13. Situations not specifically covered within these rules that pose a safety risk or risk of damage to property will be handled by Management and may be reported to the Board of Directors for resolution.

Pool

- 1. No running on the pool deck.
- 2. Regular diapers are not permitted in the pool. Only swim diapers are permitted.
- 3. All persons must leave the pool immediately when directed so by the Lifeguard or Management.
- 4. There will be no socializing with lifeguards while on duty.
- 5. 'No diving' areas include all parts of the pool except the diving well. Diving is only permitted in the diving well.
- 6. Starting blocks are reserved for Swim Team only. Jumping off the blocks is not permitted.
- 7. Getting on someone's shoulders is not permitted.
- 8. Recreational flotations devices (innertubes, etc.) are not permitted in the pool.
- 9. The lifeguard has the authority to remove a person from the pool for a period of time due to continuously breaking the rules.
- 10. Food and drink are not permitted in the pool.
- 11. Situations not specifically covered within these rules that pose a safety risk or risk of damage to property will be handled by Management and may be reported to the Board of Directors for resolution.

Diving Well

- 1. If the lifeguard determines a swimmer isn't capable of swimming in the diving well, that swimmer and parent/guardian must respect and comply with the lifeguard's decision.
- 2. Children still requiring floatation devices are not permitted in the diving well area, including jumping off of the diving board.
- 3. Only one person is allowed on the diving board at a time.
- 4. You must wait for the previous diver to exit to the "Safe Area" before jumping off the diving board.
- 5. There is no jumping in or entering the diving well in areas painted yellow.
- 6. Situations not specifically covered within these rules that pose a safety risk or risk of damage to property will be handled by Management and may be reported to the Board of Directors for resolution.

Non-Pool Areas

- 1. There is no hanging or climbing on the basketball hoop.
- 2. Dunking on the basketball hoop is not permitted.
- 3. There is no throwing of objects of any kind from the top pavilions.
- 4. There is no climbing of any fence in or around the facility.
- 5. The pickleball net and tennis court nets are not to be climbed on.
- 6. Climbing the hillside is not permitted.
- 7. Situations not specifically covered within these rules that pose a safety risk or risk of damage to property will be handled by Management and may be reported to the Board of Directors for resolution.

Final Note: Please take your children to the bathroom frequently and check diapers often. "Accidents" (number 2) in the pool create a great inconvenience for all Members. For any swimmer that has an accident in the pool that requires chemical decontamination, Management will be required to have a discussion with the parent/guardian to explain ways to prevent it from happening in the future.